

**Community Response / La Comunidad Responde: An Oral History Project  
Conducted by Gregorio Luperón High School students**

**Interviewee: Daría Ines Soto**  
**Interviewed by: Dvinci Tavera**

**Relationship: Friend**

**May 20, 2021**  
**New York, NY**

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**Spanish Version (Original) to English (translated)**

Dvinci Tavera: [00:00:00.57] Mi nombre es [Dvinci] Tavera, hoy voy a entrevistar a una amiga. Esta entrevista puede ser utilizada como fines educativos y de investigación.

Dvinci Tavera: [00: 00: 00.57] *My name is [Dvinci] Tavera, today I'm going to interview a friend. This interview can be used for educational and research purposes.*

Daria Ines Soto: [00:00:15.75] Si.

Daria Ines Soto: [00: 00: 15.75] *Yes.*

Dvinci Tavera: [00:00:16.98] Puede incluir tu nombre?

Dvinci Tavera: [00: 00: 16.98] *Can I include your name?*

Daria Ines Soto: [00:00:18.80] Si.[Daria Ines Ines Soto.]

Daria Ines Soto: [00: 00: 18.80] *Yes. [Daria Ines Ines Soto.]*

Dvinci Tavera: [00:00:19.53] Puede incluirse en publicaciones o exhibiciones educativas sin fines de lucro?

Dvinci Tavera: [00: 00: 19.53] *Can it be included in non-profit educational publications or exhibits?*

Daria Ines Soto: [00:00:26.10] Si.

Daria Ines Soto: [00: 00: 26.10] *Yes.*

Dvinci Tavera: [00:00:27.33] Puede incluirse en un archivo digital del proyecto [00:00:30.00] de historia oral o de la comunidad o de la comunidad responde accesible por el público?

Dvinci Tavera: [00: 00: 27.33] *Can it be included in a digital file of the [00: 00: 30.00] oral or community history project or the community response, accessible by the public?*

Daria Ines Soto: [00:00:41.17] Sí.

Daria Ines Soto: [00: 00: 41.17] *Yes.*

Dvinci Tavera: [00:00:43.10] Puede depositarse en un archivo local, estatal o regional?

Dvinci Tavera: [00: 00: 43.10] *Can it be deposited in a local, state or regional archive?*

Daria Ines Soto: [00:00:47.51] Si.

Daria Ines Soto: [00: 00: 47.51] *Yes.*

Dvinci Tavera: [00:00:49.52] Bien, hoy vamos a hablar de la experiencia que ha expresado durante la pandemia y el [COVID 19]. ¿Cómo fue todo con tu comunidad? [00:01:00.00]

Dvinci Tavera: [00: 00: 49.52] *Well, today we are going to talk about the experience that you have experienced during the pandemic and [COVID 19]. How was everything with your community? [00: 01: 00.00]*

Daria Ines Soto: [00:01:01.37] Bueno, a mi comunidad la afectó mucho porque hubieron muchas personas que quedaron en la calle. Que no pudieron pagar su renta y muchos hasta que el gobernador no dio la orden de no sacar a nadie de su casa, muchos se quedaron sin hogar. Gracias a Dios a mi familia no le tocó eso, pero sí tocó mucho a mi comunidad. Murieron muchas personas por el [COVID]. [00:01:30.00] Muchas personas no tenían ni siquiera para alimentarse. O sea que si no tenían comida en su casa y tuvieron que buscar mucha ayuda.

Daria Ines Soto: [00: 01: 01.37] *Well, my community was affected a lot because there were many people who were left on the streets. They could not pay their rent and many, until the governor gave the order not to remove anyone from their home, many were left homeless. Thank God my family didn't go through that, but it did affect my community a lot. Many people died from [COVID]. [00: 01: 30.00] Many people didn't even have enough to eat. So if they didn't have food in their house they had to seek a lot of help.*

Dvinci: [00:01:45.92] Ok. Esto te afectó mucho a ti también?

Dvinci: [00: 01: 45.92] *Ok. Did this affect you a lot too?*

Daria Ines: [00:01:47.96] Sí, me afectó mucho personalmente, porque sufrí ansiedad y sufrí mucho estrés.

Daria Ines: [00: 01: 47.96] *Yes, it affected me a lot personally, because I suffered from anxiety and suffered a lot of stress.*

Dvinci: [00:01:56.48] Muy bien. [Otra pregunta], ¿cómo [00:02:00.00] cambió tu forma de tomar las cosas de la escuela? ¿Cómo fue tu nueva experiencia de tomar las clases a través de una computadora [virtual]?

Dvinci: [00: 01: 56.48] *Very good. [Another question], how [00: 02: 00.00] did it change your way of taking things from school? How was your new experience taking classes through a [virtual] computer?*

Daria Ines: [00:02:11.20] Fue un poco difícil. Al principio pensaba que solamente iba a ser un mes. Pero después se fue prolongando y fue muy, muy difícil porque a veces no entendía algo y por miedo no le preguntaba a los maestros. O que [00:02:30.00] no quería hablar con los maestros por videocámara. Aunque nunca me obligaron a aprender la cámara, en sí me daba mucha pena hablar. Pero sí me afectó un poco y todavía me sigue afectando mucho con las clases.

Daria Ines: [00: 02: 11.20] *It was a bit difficult. At first I thought it was only going to be a month. But then it dragged on and it was very, very difficult because sometimes I didn't understand something and out of fear I didn't ask the teachers. Or that [00: 02: 30.00] I didn't want to talk to the teachers on the video camera. Although they never forced me to learn the camera, in itself I was very shy to talk. But it did affect me a bit and it still affects me a lot with the classes.*

Dvinci: [00:02:45.94] Durante todo ese tiempo, crees que es mejor seguir con la relación virtual, o volver a normal [como antes], como yendo a la escuela?

Dvinci: [00: 02: 45.94] *During all that time, do you think it is better to continue with the virtual classes, or to go back to normal [as before], like going to school?*

Daria Ines: [00:02:55.63] Para mí, lo mejor sería volver a las clases porque no [00:03:00.00] es lo mismo tener a estar acostumbrado a un sistema ya con un maestro estando al lado tuyo, que tenerlo lejos y que, osea hables poco con ello.

Muchos maestros solamente te mandan la clase y a veces no te explican. Solamente con un texto, te dicen todo lo que tú vas a hacer en esa clase. Entonces me gustaría que sea osea presencial, que podamos [00:03:30.00] estar osea juntos como antes.

Daria Ines: [00: 02: 55.63] *For me, the best thing would be to go back to classes because [00: 03: 00.00] is not the same to have to be used to a system with having a teacher by your side, then to have it far and that, I mean, you talk little with them. Many teachers just send you the class and sometimes they don't explain. Only with a text, they tell you everything that you are going to do in that class. So I would like it to be in person, so that we can [00: 03: 30.00] be together as before.*

Dvinci: [00:03:36.16] [Sí claro] ha sido muy difícil [adaptarse] a este nuevo método de aprendizaje [sobre la escuela.]

Dvinci: [00: 03: 36.16] [Yes of course] *it has been very difficult [to adapt] to this new learning method [about school.]*

Dvinci: [00:03:46.82] Qué experiencias [has pasado] durante todo ese tiempo de [pandemia]? Qué cosas nuevas aprendiste o que qué cosas nuevas te han pasado durante esta vida, [de pandemia, de COVID 19.] [00:04:00.00]

Dvinci: [00: 03: 46.82] *What experiences [have you been through] during all of this time of [pandemic]? What new things did you learn or what new things have happened to you during this life, [pandemic, COVID 19.] [00: 04: 00.00]*

Daria Ines: [00:04:01.54] Bueno, aparte de todo lo malo que me pasó, gracias [a dios] mi padre no se contagiaron y nadie en mi casa se contagió. Pero sí pude viajar para otros estados. Pude tener a mi nuevo hermano. Mi hermano ya tiene 10 meses, entonces fue algo bueno, algo que vino en la pandemia. Pudo disfrutar más, convivir con mi familia. Nos [00:04:30.00] nos acercamos más. Ahora tenemos mucha más confianza entre nosotros, aunque sí, como toda familia, peleamos básicamente diario. Pero sí es bueno convivir más con ellos que, por ejemplo, cuando mi papá, mi padrastro, estaba trabajando casi no nos veíamos, porque cuando ellos entraban a trabajar yo me iba a la escuela y cuando salía casi no nos veíamos. Entonces [00:05:00.00] era los horarios eran un poco, eh, que casimente no había comunicación solamente a la tarde, hora de la noche era que no podía ver. Pero sí, ha sido muy bueno, aunque no pude viajar hacia donde está mi mamá por temas de la pandemia que cerraron. Osea, duré dos meses sin salir de mi casa, pero aparte de eso, si me fue bien.

Daria Ines: [00: 04: 01.54] *Well, apart from all the bad things that happened to me, thank [God] my father didn't get infected and nobody in my house got infected. But I was able to travel to other states. I was able to have my new brother. My brother is already 10 months old, so it was a good thing, something that came in the pandemic. I was able to enjoy more; living with my family. We [00: 04: 30.00] got closer. Now we have much more trust between us, although yes, like any other family, we fight basically every day. But it is good to live together, for example, when my father, my stepfather, was working, we hardly saw each other, because when he went to work I went to school and when I went out we hardly saw each other. It [00: 05: 00.00] was that the schedules were a bit, uh, that almost there was no communication only in the afternoon, it was at night time that I couldn't see him. But yes, it has been very good, although I could not travel to where my mother is because of the pandemic that they closed. I mean, I didn't leave my house for two months, but other than that, it did go well for me.*

Dvinci: [00:05:32.11] [Muy interesante.] Otra [00:05:30.00] pregunta muy importante, ¿Cuáles fueron las medidas de precaución que tomaron en tu familia?

Dvinci: [00: 05: 32.11] [Very interesting.] *Another [00: 05: 30.00] very important question, what were the precautionary measures that your family took?*

Daria Ines: [00:05:39.37] Bueno, todavía tenemos como esa preocupación, ese miedo de que no vaya a contagiar, porque como ya dije, tenemos dos bebés en la casa, entonces no pueden, le pueden afectar más a ellos que a nosotros. Pero siempre es así, no tenemos que quitar los zapatos desde que entramos [00:06:00.00] a la casa y lavarnos las manos 20 segundos máximo. Siempre nos tenemos que quitar la ropa cuando salimos de la calle y ponernos ropa ya limpia. Nos quitamos la mascarilla, nunca en la calle nos quitamos la mascarilla. Entonces esas son las medidas que hemos tomado. Desinfectamos todo, o sea, todo lo del supermercado lo desinfecta. [00:06:30.00] Ponemos alcohol, las frutas, los vegetales, lo lavamos con cloro y así todo ha sido un poco más cuidadoso. Desde ya.

Daria Ines: [00: 05: 39.37] *Well, we still have that concern, that fear that it will not spread, because as I said, we have two babies in the house, so they can't, it can affect them more than to us. But it's always like this, we have to take off our shoes from the moment we enter the house [00: 06: 00.00] and wash our hands for a maximum of 20 seconds. We always have to take off our clothes when we leave the street and put on clean clothes. We take off our mask, we never take off our mask in the street. So those are the measures we have taken. We disinfect everything, that is, everything in the supermarket is disinfected. [00: 06: 30.00] We put alcohol, fruits, vegetables, we wash it with chlorine and so everything has been a little more careful.*

Dvinci: [00:06:41.77] [Claro,]hemos tenido que tomar muchas medidas de precaución. Antes de la pandemia del [Coronavirus] ¿Cómo? ¿Cómo era tu vida antes de que comenzara esta [grave pandemia]?

Dvinci: [00: 06: 41.77] [Sure,] *we've had to take a lot of precautionary measures. Before the [Coronavirus] pandemic, how? What was your life like before this [serious pandemic started]?*

Daria Ines: [00:06:56.92] Bueno, mi vida era [00:07:00.00] [un poco mejor], voy a decir mejor porque salíamos mucho, osea, casi todos los fines de semana. [Íbamos a restaurantes], íbamos al parque, salíamos muchísimo. Pero íbamos a reuniones familiares, nos reuníamos casi todos los fines de semana, pero ya después de eso como que tuvimos que tomar un poco de distancia con nuestras otras, con [00:07:30.00] nuestros otros familiares. Porque o sea, ellos también tienen su círculo social, nosotros tenemos, mi familia tiene su círculo más cercano, pero casi mente a mi casa no, solamente entraba, han entrado muy pocas personas, por esto de la pandemia, no nos acercamos tanto como antes.

Daria Ines: [00: 06: 56.92] *Well, my life was [00: 07: 00.00] [a little better], I'll say better because we went out a lot, I mean, almost every weekend. [We went to restaurants], we went to the park, we went out a lot. We would go to family gatherings, we met almost every weekend, but after this we kind of had to take a little distance from others, with [00: 07: 30.00] our other relatives. Because that is, they also have their social circle, we have, my family has their closest circle, but almost to my house, no, only entered, very few people have entered, because of the pandemic, we do not get as close as before.*

Dvinci: [00:07:53.42] Si, nos ha afectado en mucho. Durante el tiempo de la pandemia. ¿Cuál ha sido [00:08:00.00] tu mayor cambio? ¿En tu vida?

Dvinci: [00: 07: 53.42] *Yes, it has affected us a lot. During the time of the pandemic. What has [00: 08: 00.00] been your biggest change? In your life?*

Daria Ines: [00:08:03.20] El mayor cambio yo creo que fue el de la escuela, porque ya estaba acostumbrado a tener como tener a mis maestros siempre. Pero yo creo que sí, que ese fue el mayor cambio. Y no salir tanto, osea, salía, he salido muy poco este año. Y como quien dice, acabo de llegar de otro país, entonces [00:08:30.00] la pandemia me afectó mucho porque al no acostumbrarme bien a mi entorno, cuando llegó la pandemia que estaba recién llegada, me afectó.

Daria Ines: [00: 08: 03.20] *I think the biggest change was in the school, because I was used to always having my teachers. I think yes, that was the biggest change. And not go out so much, I mean, I have gone out, I have gone out very little this year. And as who says, I just arrived from another country, so [00: 08: 30.00] the pandemic affected me a lot because I did not get used to my environment well. When the pandemic came, I had just arrived, it affected me.*

Dvinci: [00:08:44.96] [Si, claro.] ¿Durante el día a día que tenía que pasar en tu caso? ¿Cómo era ese cambio? O cómo era tu día a día en casa de [00:09:00.00] no poder salir y poder estar con tus amigos? [Ni hacer] mucho contacto con otra persona.

Dvinci: [00: 08: 44.96] [Yes, of course.] *During the day to day what had to happen in your case? What was that change like? Or how was your day to day at home from [00: 09: 00.00] not being able to go out and be with your friends? [Nor do] a lot of contact with another person.*

Daria Ines: [00:09:08.81] Bueno, mi día a día antes de la pandemia era, o sea, me iba a la escuela. Cuando llegaba a mi casa, salía , llegaba a mi casa y luego salía. Luego quedaba con mi papá, con mi madrastra y salíamos, no sé, [00:09:30.00] al [mall]. Pero ya después de eso tuvimos que, tuvimos que salir menos, o sea, lo único que salía de mi

casa era mi papá para el trabajo o los fines de semana cuando teníamos que ir al supermercado. Yo me tenía que quedar con mi hermano más pequeño. Solamente salía mi papá y mi madrastra. Entonces, [casamente], osea, de mi casa [casamente] no salía nadie. Solamente dos personas. [00:10:00.00] Y para, para eso mismo, no tener que contagiarnos.

Daria Ines: [00: 09: 08.81] *Well, my day to day before the pandemic was, I mean, I was going to school. When I got home, then I went out, came home, and then went out. Then I would meet my dad, my stepmother and we would go out, I don't know, [00: 09: 30.00] to the [mall]. But after this, we had to, we had to go out less, that is. The only one that left my house was my father for work or on weekends when we had to go to the supermarket. I had to stay with my younger brother. Only my dad and my stepmother went out. So, [almost], I mean, nobody came out of my house [almost]. Only two people. [00: 10: 00.00] And because of that, we did not get infected.*

Dvinci: [00:10:08.39] Si, Eh, Fue difícil adaptarse a este cambio [de vida. Fue difícil para ti?]

Dvinci: [00: 10: 08.39] *Yeah, uh, it was difficult adjusting to this change [in life. Was it difficult for you?]*

Daria Ines: [00:10:13.58] Si fue un poco difícil, pero ya estoy acostumbrada. O sea, ya la rutina, ya me acostumbré a la rutina. Mayormente es levantarme, conectarme a la computadora, hacer tareas. Luego [00:10:30.00] como a las 3 de la tarde, no sé, hacer los oficios de la casa, ayudar con mis hermanos y así. Pero ya estamos acostumbrados a vivir esta nueva vida [ de la pandemia.]

Daria Ines: [00: 10: 13.58] *Yes it was a bit difficult, but I'm used to it now. I mean, now the routine, I got used to the routine. Mostly it's getting up, connecting to the computer, doing homework. Then [00: 10: 30.00] around 3 in the afternoon, I don't know, doing the chores around the house, helping with my siblings and so on. But we are already used to living this new life [of the pandemic.]*

Dvinci: [00:10:46.16] Algo que también quería preguntar, [fue difícil acostumbrarse] a usar siempre una mascarilla?

Dvinci: [00: 10: 46.16] *Something I also wanted to ask, [was it difficult to get used to] always wearing a mask?*

Daria Ines: [00:10:56.81] Sí. O sea, todavía no me acostumbro, a veces [00:11:00.00] que se me olvida la casa. Pero sí fue porque al principio la mascarilla normal, la azul, me ahogaba. Casi no podía respirar con ella. Pero luego me acostumbré a más usar la mascarilla de tela. Pero era no era poco recomendada porque, o sea, no era, nos protegía tanto. Hasta que descubrí. Hasta que comenzamos a usar la mascarilla [00:11:30.00] de color negro, que es un poco más liviana. Entonces ahí sí me acostumbré un poco, pero todavía no me acostumbro bien porque siempre se me olvida olvidando la casa. O sea, es algo increíble.

Daria Ines: [00: 10: 56.81] *Yes. I mean, I still don't get used to it, sometimes [00: 11: 00.00] I forget it in the house. But it was because at first the normal mask, the blue one, drowned me. I could hardly breathe with her. But then I got more used to using the cloth mask. But it was not recommended because, that is, it does not protect us so much. Until I found out. Until we started using the black mask [00: 11: 30.00], which is a bit lighter. So then I did get used to it a bit, but I still don't get used to it well because I've always been forgetting it in the house. I mean, it's something incredible.*

Dvinci: [00:11:48.20] Cuando te dijeron que una nueva enfermedad se estaba [expandiendo] durante todo el mundo, cuál fue tu pensamiento?

Dvinci: [00: 11: 48.20] *When they told you that a new disease was [spreading] all over the world, what was your thought?*

Daria Ines: [00:11:57.89] Bueno, al principio decía [00:12:00.00] que eso no iba a llegar para acá, o sea que eso era para no se, pero China, para Japón, para todos esos lados, para Europa, que eso no iba a llegar aquí. Pero luego comenzaron los primeros contagios, dije ok. En verdad está pasando. Pero no me creí tanto. Solamente comencé a creerlo, a caer en sí, cuando ya, osea, cerraron las escuelas. Que primero [00:12:30.00] pensaban que era un [mes,], luego se extendió dos meses, tres meses. O sea, cuando yo vi que llegaron a 5 [meses]y todavía no hubiera pasado. Que el presidente dijo, el [ex] presidente Donald Trump dijo no; esto con el verano esto se va a ir, no entren

en pánico. Pero cuando yo vi que estaba acabando el verano, ya iba entrar a otro año escolar y todavía seguíamos peor, porque los casos iban [00:13:00.00] aumentando, aumentando, aumentando. Ahí sí fue que yo dije Ok, en realidad está pasando. Hay [Coronavirus], hay que cuidarnos.

Daria Ines: [00: 11: 57.89] *Well, at the beginning I said [00: 12: 00.00] that this was not going to come here, so that was for I don't know, but China, for Japan, for all those places, for Europe, that this was not going to arrive here. But then the first infections began, I said ok. It really is happening. But I did not believe it so much. I only began to believe it, to fall into it, when, I mean, the schools closed. At first [00: 12: 30.00] they thought it was a [month,], then it was extended two months, three months. In other words, when I saw that they reached 5 [months] and it still hadn't happened. That the President said, [former] President Donald Trump said no; this with the summer this is going to go, don't panic. But when I saw that the summer was ending, I was already entering another school year and we were still worse, because the cases were [00: 13: 00.00] increasing, increasing, increasing. That's when I said Ok, it's actually happening. There is [Coronavirus], we have to take care of ourselves.*

Dvinci: [00:13:11.87] Cuando [veías las noticias] y estabas viendo que cada día que pasaba morían más personas, y cada vez más y más y más. Cuál fue tu impresión al saber eso?

Dvinci: [00: 13: 11.87] *When [you were watching the news] and you were seeing that more people were dying, and more and more and more. What was your impression to know that?*

Daria Ines: [00:13:25.37] Bueno, lo único que pensé fue en mi familia. O sea, en [00:13:30.00] serio estaba pasando que toda esa persona han muerto millones de personas entonces, ok, lo único que pensé fue en mi familia, en cuidar a mis hermanos. Me preocupé mucho por mis abuelos porque ya son personas de edad adulta, o sea, son personas con cuidados especiales, entonces, mis hermanos también, o sea, son muy pequeños. Sí, me preocupa mucho más por ellos que [00:14:00.00] por mí. Y también me preocupé por mi mamá, porque ella tenía que estar saliendo por el tema de su trabajo, entonces tenía que estar exponiéndose a personas. Y cuando comenzaron a salir todo eso, todas esas muertes, sí, me preocupó mucho.

Daria Ines: [00: 13: 25.37] *Well, all I thought about was my family. I mean, at [00: 13: 30.00] it was seriously happening that all those people, millions of people, had died then. Ok, all I thought about was my family, taking care of my brothers. I worried a lot about my grandparents because they are already adults, that is, they are people with special care, so my siblings too, that is, they are very young. Yes, I care much more about them than [00: 14: 00.00] about myself. And I also worried about my mom, because she had to go out because of her work, so she had to be exposing herself to people. And when all that started to come out, all those deaths, yeah, it worried me a lot.*

Dvinci: [00:14:25.46] [Claro,] todo este tiempo ha sido muy difícil para [00:14:30.00] saber. [A uno] saber que muchas personas estaban muriendo fue un gran impacto para mi también. Crees que en ese tiempo se unió más la familia?

Dvinci: [00: 14: 25.46] [Sure,] *all this time it has been very difficult for [00: 14: 30.00] to know. [For one] knowing that many people were dying was a great shock, to me as well. Do you think your family became more united at that time?*

Daria Ines: [00:14:49.99] Sí, creo que nos unimos más porque, o sea, ya teníamos que estar conviviendo tanto tiempo juntos, ya sabíamos, por ejemplo, lo que a alguien, [00:15:00.00] por ejemplo, lo que a ti no te gusta de mí y lo que no me gusta de ti. Y si, convivimos un poco más, entonces si nos adaptamos como a tu manera, no estamos a tu manera de ser en esta pandemia y a mi manera de ser en esta pandemia. O sea, ya es como, nos unimos mucho más, tenemos más confianza. Y si creo que nos unió más como familia, en cierta parte. [00:15:30.00]

Daria Ines: [00: 14: 49.99] *Yes, I think we got closer together because we already had to spend so much time together, we already knew, for example, what someone, [00: 15: 00.00] for example, what you don't like about me and what I don't like about you. And yes, we coexist a little more, then we adapt to your way, we are not your way of being in this pandemic or my way of being in this pandemia. I mean, it's like, we bonded a lot more, we have more confidence. And if I think it brought us closer together as a family, in a certain part. [00: 15: 30.00]*

Dvinci: [00:15:31.15] Al igual que muchas familias, también tuvieron muchos problemas con sus aliados y otros familiares. Cuéntame, ¿qué tal? ¿Cómo podría describir qué tan estresante fue pasarte un día entero sin poder salir? O

con más tiempo, esos meses cómo viviste antes? ¿Cómo podrías describir ese estrés que pasaste durante [00:16:00.00] todo ese tiempo?

Dvinci: [00: 15: 31.15] *Like many families, they also had many problems with their allies and other relatives. Tell me, how are you? How could you describe how stressful it was to spend a whole day without being able to go out? Or more time, those months how did you live before? How could you describe that stress that you went through during [00: 16: 00.00] all that time?*

Daria Ines: [00:16:01.87] Fue mucho estrés porque, o sea, como dije, caí en mucho estrés y ansiedad. Pero, eh, o sea, siempre estaba mirando la ventana. Hasta para salir a botar la basura siempre quería ir yo porque quería salir del departamento, o sea, quería salir de ese entorno. Ya no aguantaba más. Llegaron [00:16:30.00] momentos que hasta intenté, no intente si no como que pensé, en salirme de la casa e irme de la casa. Pero, o sea, ya después, cuando pasaron dos meses, ya me acostumbré. Y en ese tiempo llegó mi hermano. O sea, ya nos acostumbramos a él. O sea, yo siento que al llegar mi hermano me pude adaptar más a esta situación porque fue como algo nuevo en la casa. Fue como traer [00:17:00.00] un juguete nuevo a la casa, entonces fue algo más. Es una experiencia hermosa.

Daria Ines: [00: 16: 01.87] *It was a lot of stress because, I mean, as I said, I had a lot of stress and anxiety. But, uh, I mean, I was always staring at the window. Even to go out to dump the garbage, I always wanted to go because I wanted to leave the apartment. I wanted to get out of that environment. I couldn't take it anymore. There came [00: 16: 30.00] moments that I even tried, I didn't try, but I thought, to get out of the house and leave. But, I mean, afterwards, when two months passed, I got used to it. And at that time my brother arrived. I mean, we are getting used to it. In other words, I feel that when my brother arrived I was able to adapt more to this situation because it was like something new in the house. It was like bringing [00: 17: 00.00] a new toy home, so it was something else. It is a beautiful experience.*

Dvinci: [00:17:08.53] Bueno,si. Otra pregunta, ¿te actualizaste más con la tecnología?

Dvinci: [00: 17: 08.53] *Well, yes. Another question, did you get to update more with technology?*

Daria Ines: [00:17:17.83] Sí. Aunque comencé a utilizar más la computadora y mi teléfono, pero aunque dañe mi vista, siento que me actualize más porque ya no veía tanto [00:17:30.00] las noticias por la televisión, sino buscaba ya por internet y veía las noticias por el internet. Y así es.

Daria Ines: [00: 17: 17.83] *Yes. Although I started to use the computer and my phone more, even though it damages my eyesight, I feel like I updated more because I didn't watch the news so much [00: 17: 30.00] anymore on the television, but I was already searching the internet and watching the news online.*

Dvinci: [00:17:42.94] Ok. Sí, hemos dado un gran cambio con la tecnología durante ese tiempo [de pandemia]. Muy, muy grande. Durante el día a día, hacías ejercicio en tu casa? [Te motivaba a hacer cualquier movimiento o [ejercitar] tu cuerpo? [00:18:00.00]

Dvinci: [00: 17: 42.94] *Ok. Yes, we have made a big change with technology during that time [of the pandemic]. Very very big. During the day to day, did you exercise at home? [Did you motivate yourself to do any movement or [exercise] your body? [00: 18: 00.00]*

Daria Ines: [00:18:01.54] Eh, no. Bueno, al principio sí. Como las primeras dos semanas que ya tenía mi rutina de ejercicio, pero luego la descuido y hasta hoy todavía no he comenzado otra vez. Pero no. Aumenté mucho de peso y mi alimentación fue muy malo. Comía mucha comida chatarra. Pero o sea, no, no me ejercitaba nada, para nada. Hasta 2 [00:18:30.00] semana para acá si he comenzado como otro vez con mi dieta y voy a comenzar a hacer ejercicio nuevamente cuando, o sea, mi padre entrena al gimnasio, voy a entrar con el y así.

Daria Ines: [00: 18: 01.54] *Uh, no. Well, at first yes. Like the first two weeks I already had my exercise routine, but then I neglected it and until today I still haven't started again. But not. I gained a lot of weight and my diet was very bad. I ate a lot of junk food. But I mean, no, I didn't exercise at all, not at all. Two [00: 18: 30.00] weeks ago, I started again with my diet and I am going to start exercising again when, that is, my father trains at the gym, I am going to go with him.*

Dvinci: [00:18:45.13] Crees que tu comunidad está preparada para presentar otra [pandemia] en caso de que vuelva y pase otra situación como la que estábamos pasando.

Dvinci: [00: 18: 45.13] *You think your community is prepared to live another [pandemic] in case it comes back? Or if another situation like the one we were going through happens.*

Daria Ines: [00:18:56.43] No, siento que no, aunque tenemos [00:19:00.00] la vacuna, no siento que. Bueno, al menos yo no estoy preparada para otra pandemia porque tengo la esperanza de ya volver a la normalidad. Entonces, si vuelve otra pandemia como la que vivimos, o sea, me voy a estresar muchísimo más. Y la esperanza de volver a la normalidad se me va ir por completo. O sea, no.

Daria Ines: [00: 18: 56.43] *No, I feel like not, although we have [00: 19: 00.00] the vaccine, I don't feel that. Well, at least I am not prepared for another pandemic because I am hoping to return to normal. So, if another pandemic like the one we're experiencing comes back, that is, I'm going to get much more stressed. And the hope of getting back to normal is going to go away completely. I mean, no.*

Dvinci: [00:19:24.48] Bueno, en mi opinión yo creo que sí. O sea ya estamos un poco preparados [00:19:30.00] ya, porque ya hemos experimentado, pero a la misma vez también no. Pero cada quien tiene diferentes puntos de vista. ¿Qué piensas sobre la vacuna?

Dvinci: [00: 19: 24.48] *Well, in my opinion I think I am. In other words, we are already a little prepared [00: 19: 30.00] already, because we have already experimented, but at the same time also not. But everyone has different points of view. What do you think about the vaccine?*

Daria Ines: [00:19:42.81] Siento que es una salvación de vida, o sea, la vacuna ha sido lo que nos ha devuelto la esperanza para volver a él como vivíamos antes. A nuestra realidad. Entonces siento que sí, que sea la vacuna. Gracias [00:20:00.00] a Dios por la vacuna.

Daria Ines: [00: 19: 42.81] *I feel that it is a lifesaver, the vaccine has been what has given us hope to return to how we used to live before. To our reality. So I feel like yes, the vaccine. Thank you [00: 20: 00.00] God for the vaccine.*

Dvinci: [00:20:05.33] Claro, la vacuna ha sido un milagro para la comunidad. Tu familia se pondrá la vacuna del [COVID 19]?

[00: 20: 05.33] *Sure, the vaccine has been a miracle for the community. Will your family get the [COVID 19] vaccine?*

Daria Ines: [00:20:14.41] Si, ya en mi casa mis padres se la pusieron. yo estoy esperando cumplir los 16 años para ponérmela. O sea, ya en mi casa básicamente todos nos la [00:20:30.00] pusimos. Pero sí, [nos la pusimos todos].

Daria Ines: [00: 20: 14.41] *Yes, in my house they already have it. I am waiting to turn 16 to get it. In other words, at my house basically everyone has it. [00: 20: 30.00]. But yeah, [we all put it on.].*

Dvinci: [00:20:34.40] Crees que es segura la vacuna?

Dvinci: [00: 20: 34.40] *Do you think the vaccine is safe?*

Daria Ines: [00:20:39.14] Siento que si. No sé por qué hay personas que piensan que no, pero yo siento que si. Nos dieron aunque sea una mínima esperanza para volver a la normalidad. No entiendo porque hay personas que dicen que la vacuna no es segura porque [00:21:00.00] ya se ha demostrado que sí es segura. O sea, hay muchísimas cosas que nos matan a diario y no es por la vacuna. O sea, siento que la vacuna es mucho mejor que estar muriendo por el [el Coronavirus.]

Daria Ines: [00: 20: 39.14] *I feel like it is. I don't know why there are people who think that is not, but I feel like it is. It has given us the slightest hope to get back to normal. I do not understand why there are people who say that the vaccine is not safe because [00: 21: 00.00] it has already been proven that it is safe. In other words, there are many*



*things that kill us every day and it is not because of the vaccine. I mean, I feel like the vaccine is much better than dying from [the Coronavirus.]*

Dvinci: [00:21:22.68] Durante este tiempo ha cambiado tu humor junto con las demás personas o junto otras personas? [00:21:30.00]

Dvinci: [00: 21: 22.68] *During this time, has your mood changed around or with other people?* [00: 21: 30.00]

Daria Ines: [00:21:30.01] Sí, cambio, mi estados de ánimo. Cambiaba mucho porque habían días que me lo pasaba súper alegre, otros días me despertaba y no quería que nadie me hablara. O sea, estar encerrada yo sola. Pero siento que ya esa parte como que la superé un poco porque [ya me adapté] a mis estados de ánimo. Entendí que no porque me esté pasando algo tengo que quitarme con otras personas. Y ya he estado un poco [00:22:00.00] mejor. Sí, en esa parte.

Daria Ines: [00: 21: 30.01] *Yes, my mood has changed. It changed a lot because there were days when I was super happy, other days I woke up and didn't want anyone to talk to me. I mean, being locked up by myself. But I feel like I got over that part a bit because [I've already adapted] to my moods. I understood that not because something is happening to me I have to take off with other people. And I've already been a little [00: 22: 00.00] better. Yes, in that part.*

Dvinci: [00:22:03.48] [Dime un tiempo específico o alguna historia] donde pensaste que ya esto era lo último.

Dvinci: [00: 22: 03.48] [Tell me a specific time or some story] *where you thought this was the last thing.*

Daria Ines: [00:22:13.05] Bueno, cuando vi que morían miles y miles de personas y pensé que ya se estaba acabando el mundo, que ya eran los últimos tiempos. Por que, o sea, pensé que Dios nos [00:22:30.00] hubiera desamparado, que ya, o sea, no había manera de volver a la normalidad.

Daria Ines: [00: 22: 13.05] *Well, when I saw that thousands and thousands of people were dying, I thought that the world was ending, that it was already the end times. Because, I mean, I thought that God [00: 22: 30.00] had forsaken us, that already, I mean, there was no way to return to normality.*

Dvinci: [00:22:37.08] Cuando sentiste que ya podías salir, que ya veías que las tiendas estaban abriendo, que ya podías salir y sentarte, claro, a distancias. Pero ya podías ir al parque y respirar un poco de el aire y estar con el medio ambiente. [00:23:00.00] ¿Qué sentiste en ese momento? Después de estar tanto tiempo trancado en casa?

Dvinci: [00: 22: 37.08] *When you felt that you could go out, when you could already see that the stores were opening, that you could go out and sit, of course, at a distance. But you could already go to the park and breathe a little of the air and be with the environment. [00: 23: 00.00] What did you feel at that moment? After being stuck at home for so long?*

Daria Ines: [00:23:07.20] Bueno, sentí sinceramente libertad. Porque o sea, ya al salir, sinceramente sentí libertad porque sentí como que ya podía juntarme con amigos y así. Sentí como que ya, como que estábamos [00:23:30.00] volviendo a la normalidad. O sea, ya estaba volviendo a mi rutina de antes al estar juntándome con amigos y así.

Daria Ines: [00: 23: 07.20] *Well, I really felt freedom. Because I mean, when I left, I honestly felt freedom because I felt like I could get together with friends and so on. I felt like now, like we were [00: 23: 30.00] getting back to normal. I mean, I was already getting back to my old routine by hanging out with friends and so on.*

Dvinci: [00:23:43.25] Algo más que quieras añadirle [a esta entrevista]?

Dvinci: [00: 23: 43.25] *Anything else you want to add [to this interview]?*

Daria Ines: [00:23:46.37] Sí. Me gustaría decirle a todas estas personas que nos están escuchando que por favor se vacunen, porque siento que la vacuna es muy importante para todos y es [00:24:00.00] algo necesario que necesitamos. O sea, por favor vacunense, para volver a la normalidad.

Daria Ines: [00: 23: 46.37] *Yes. I would like to tell all these people who are listening to us to please get vaccinated, because I feel that the vaccine is very important for everyone and it is [00: 24: 00.00] something necessary that we need. I mean, please get vaccinated, to get back to normal.*

Dvinci: [00:24:08.94] *Sí, bueno, esto ha sido una muy maravillosa entrevista. Esperamos que todo vuelva a la normalidad, que todo sea como antes. Tener una vida alegre y poder disfrutar, salir y estar en un ambiente normal, como todos esperamos. Gracias.*

Dvinci: [00: 24: 08.94] *Yeah, well, this was a very wonderful interview. We hope that everything returns to normal, that everything is as before. Have a happy life and be able to enjoy, go out and be in a normal environment, as we all hope. Thanks.*